

June 7, 2020
20/20 Stay Positive Series
#1 – I'm an OPTIMIST

The Benefits of Optimism

- Superior Health
- Greater Achievement
- Persistence
- Emotional Health
- Increased Longevity
- Less Stress

A negative outlook never leads to a positive life.

"If you search for GOOD, you will find FAVOR; but if you search for EVIL, it will FIND YOU!" Proverbs 11:27 NLT.

I'm NOT optimistic based on what I feel... I'm optimistic based on what GOD says ... His Word and His Spirit

"And we know that in all things God works for the good of those who love him, who have been called according to his purpose." Romans 8:28

Optimism is the unwavering expectation that our loving God is working in every situation for our future good.

"As a man thinks in his heart, so is he." Proverbs 23:7

EIGHT REASONS TO BE OPTIMISTIC
from Romans 8

1. No Condemnation for God's CHILDREN

"So now there is no condemnation for those who belong to Christ Jesus. ² And because you belong to him, the power of the life-giving Spirit has freed you from the power of sin that leads to death." Romans 8:1-2

"So now the case is closed. There remains no accusing voice of condemnation against those who are joined in life-union with Jesus, the Anointed One. ² For the "law" of the Spirit of life flowing through the anointing of Jesus has liberated us from the "law" of sin and death." Romans 8:1-2 (TPP)

"Instead, you received God's Spirit when he adopted you as his own children. Now we call him, 'Abba, Father.'" Rom 8:15

"But as many as did receive Him, to those who believed on His name, He gave the right to become children of God." John 1:12)

2. Jesus Christ Himself – is PRAYING FOR ME. (Romans 8:34)

"Who then will condemn us? No one—for Christ Jesus died for us and was raised to life for us, and he is sitting in the place of honor at God's right hand, pleading for us." Romans 8:34

3. My future VICTORY is greater than my present PAIN. (Rom 8:18, Rev 21:1-)

"Yet what we suffer now is nothing compared to the glory he will reveal to us later." Romans 8:18

4. **MY MIND IS FILLED with the Peace of God.** Rom 8:6; Rom 12:2, Phil 2:5

“So letting your sinful nature control your mind leads to death. But letting the Spirit control your mind leads to life and peace.” Romans 8:6

“People who let their human thoughts rule them will die. But people who think about what God's Spirit wants will have life with God. They will have peace inside themselves.” Romans 8:6 (EASY)

“Do not be conformed to this world but be transformed by the renewing of your mind.” Rom 12:2

“Let this mind be in you which was also in Christ Jesus.” Phil 2:5

5. **If GOD IS FOR ME, WHO can be AGAINST me?** (Rom 8:31-33)

“What shall we say about such wonderful things as these? If God is for us, who can ever be against us? Since he did not spare even his own Son but gave him up for us all, won't he also give us everything else? Who dares accuse us whom God has chosen for his own? No one—for God himself has given us right standing with himself.” Rom 8:31-33

“So, what does all this mean? If God has determined to stand with us, tell me, who then could ever stand against us? For God has proved his love by giving us his greatest treasure, the gift of his Son. And since God freely offered him up as the sacrifice for us all, he certainly won't withhold from us anything else he has to give. Who then would dare to accuse those whom God has chosen in love to be his? God himself is the judge who has issued his final verdict over them—‘Not guilty!’” Romans 8:31-33 (TPT)

6. **GOD'S SPIRIT helps me in my weakness.** (Rom 8:24, 26; Acts 9:31)

“We were given this hope when we were saved. ... And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.” Rom 8:24, 26

“So the church throughout all Judea and Galilee and Samaria had peace and was being built up. And walking in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied.” Acts 9:31

7. **God is working EVERYTHING in my life ultimately for GOOD.** (Rom 8:28; Prov 3:5-6; Prov 16:9)

“And we know that all things work together for good to those who love God, to those who are the called according to His purpose.” Rom 8:28

“Trust in the Lord with all your heart and lean not on your own understanding, in all your ways acknowledge Him, and He shall direct your paths.” Prov 3:3-5

“The Mind of man plans his way but the Lord directs his paths.” Prov 16:9

8. **NOTHING can separate me from the LOVE of God.** (Rom 8:38-39)

“And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.” (Romans 8:38-39)

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is working in every situation for our future good.**