

# HOPE IS CONTAGIOUS TOO!

ONLY thing spreading FASTER than Covid19? **FEAR**. It can spread uncontrollably!

FEAR, DOUBT and WORRY. (the “unholy trio”)

You Choose:

- receive the Enemy’s virus (fear, doubt and worry)
- Or ... JOIN the “Resistance” aka **HOPE!**

*“So humble yourselves before God. Resist the devil, and he will flee from you. James 4:7*

## 1. PAY ATTENTION TO WHAT YOU’RE SPREADING.

- Everyone is carrying SOMETHING. Everyone is SPREADING something.
- You can spread a virus ...sickness ... or ... Good news you could also spread HOPE!  
(That’s worth catching!)
- We have access to: Faith, HOPE and love  
*We always thank God for all of you and pray for you constantly. <sup>3</sup>As we pray to our God and Father about you, we think of your faithful work, your loving deeds, and the enduring hope you have because of our Lord Jesus Christ. 1 Thessalonians 1:2-3 NLT*

## 2. GUARD YOUR HEART

*“Above all else, guard your heart, for everything you do flows from it.” Prov 4:23 NIV*

- **Heart** – a person's center for both physical and emotional-intellectual-moral activities;  
*“Man looks at the outward appearance, but the lord looks at the HEART” 1 Sam 16:7*

*“Trust in the Lord with all your HEART and lean not to your own understanding ...” Prov 3:4*

*“The good person out of the good treasure of the HEART produces good, and the evil person out of evil treasure produces evil; Luke 6:45a*

*“...thy word have I hid in my heart...” Ps 11:11*

## 3. CHECK YOUR WORDS

*“The good person out of the good treasure of the heart produces good, and the evil person out of evil treasure produces evil; for it is out of the abundance of the heart that the mouth speaks.” Luke 6:45*

*“From the same mouth come both blessing and cursing. My brethren, these things ought not to be this way.” James 3:10*

*“For by your words you will be justified, and by your words you will be condemned.”*

Matt 12:37

#### 4. PLUG INTO THE POWER

**“For when we brought you the Good News, it was not only with words but also with POWER...”** 1 Thessalonians 1:5 NLT

**“For God has not given us a spirit of fear, but of POWER and of love and of a sound mind.”**  
2 Timothy 1:7

**“But you will receive POWER when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.”** Acts 1:8

***“His divine POWER has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence,”*** 2 Peter 1:3

***“Now unto him that is able to do exceeding abundantly above all that we ask or think, according to the POWER that worketh in us, unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen.”*** Eph 3:20-21

#### GOOD NEWS ...

Our God didn't just shout his love from heaven—He showed it on earth!

***“For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. <sup>17</sup> For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.”*** John 3:16-17

#### You're a Carrier—Carry that!

***“And now the word of the Lord is ringing out from you to people everywhere, even beyond Macedonia and Achaia, for wherever we go we find people telling us about your faith in God.”*** 1 Thessalonians 1:8 NLT

#### 5. SHARE HOPE IN LOVE

***“So the word of God spread. The number of disciples in Jerusalem increased rapidly...”***  
Acts 6:7 NIV

***“A new command I give you, that you love one another. By this everyone will know that you are my disciples, if you love one another.”*** John 13:34-35 NIV

***“Three things will last forever, faith, hope, and love, and the greatest of these is love.”***  
1 Cor 13:13 NLT

**Resist FEAR ... share God's HOPE ... make a difference!**