



## The Protection of Those Who Trust in God

### Psalm 91 – Part 5

***You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday.*** Ps 91:5-6

In these verses the Psalmist focuses on the mental game we all play, where we suppose a great danger is about to happen, which cause the common emotion of FEAR.

The helpful acrostic for FEAR is: False Evidence Appearing Real.

FEAR can cause our body to react, our mental faculties to become confused and our emotions to run wild. Yet studies have shown that nearly 90% of the things we fear NEVER happen.

Winston Churchill once remarked: When I look back on all these worries, I remember the story of the old man who said on his deathbed that he had had a lot of trouble in his life, most of which had never happened."

The Psalmist shares his assurance of God's protection: ***"You will not fear the terror of night."***

We are instinctively uneasy at night and our fear and apprehension levels increase when the sun goes down. God wants us to NOT fear the night nor the evil supernatural powers who live in hiding and love the darkness.

Then we read: ***"nor the arrows the flies by day."*** This tells me that the physical attacks that come our way need not be feared either. In this "CV pandemic" – we do need to use our "sound mind" and do wise things, but not let our blood pressure pop as our fear grows. As Jesus said in Matthew 6:27 ***"Who of you by worrying can add a single hour to his life?"***

The last part of this verse continues: ***"nor the pestilence that stalks in the darkness, nor the plague that destroys at midday."***

MANY are living in fear today. We've all heard the news, seen the graphs, and heard the projections from CDC, WHO and so on. And our country IS taking it seriously and seeming to respond appropriately – though this is uncharted territory for all.

Those who put their trust in Almighty God though, should be at the front of the pack in demonstrating calm, cool, trusting faith that WE HAVE in the God Who can get us through this. "This too shall pass" is a phrase I've been using a lot lately.

Why do I know we'll get through this?

Because I know what kind of God we have. He loves us, He cares, He will rescue, heal and lead and guide. And BECAUSE of that, when the Holy Spirit leads the Psalmist to write what he did here in Psalm 91, I BELIEVE.

***Prayer: Father God, I trust in YOU. I know You and Your love for me and ALL who inhabit this world. Father, I know this virus did NOT come from You, but You have given us the provisions of Your Word, Your Spirit and Your promises to help us get through these days. Thank You for Your provision. Amen.***